



CT Academy Annual Spring Meeting
Wednesday April 9th, 2025
DoubleTree by Hilton Hotel
42 Century Drive, Bristol, CT 06010

7:30-8:00 am **Registration, Continental Breakfast, Exhibit and poster set-up**

8:00-8:30 am **President's Welcome, Teresa Dotson, MS, RD, CD-N**

8:30-9:30 am

Elizabeth Ward MS, RDN Processed Foods: What we Need to Know

9:30-10:30 am

Kelsey Mangano PhD, RDN Personalized Recommendations for Bone Health

10:30- 11:30 am

Abbie Gellman MS, RD, CDN Integrating Culinary Nutrition Into Your Practice

11:30- 11:45am

What's New and Exciting at the Academy
Wylecia Wiggs Harris Chief Executive Officer
Academy of Nutrition and Dietetics

11:45 am-1:45 pm **Exhibits and Poster Sessions**

12:00-1:30 pm **Lunch**

1:15 - 1:45 pm **CT Academy Awards Presentation**

Afternoon breakout sessions:

1:45-2:45 pm –

Chrissy Carroll MPH, RD Creative Online Revenue Streams for RDs

OR

Jill Castle MS,RD,CDN Nutrition and Food in the First Five Years

2:45-3:45 pm –

Melissa Mitri MS,RD Navigating GLP-1 Medications for Weight Loss Success

OR

Jennifer Zarilli, Ashley Carl and Elizabeth Fisher The latest on School Meals in CT

3:45 - 4:00 Final remarks /Door Prizes/Evaluations

Registration fees - Standard Rate (after March 3rd)

Academy Member - RDs: \$180.00

Academy Member - DTRs: \$150.00

Academy Member Retiree: \$150.00

Academy Member and Non-Member Student: \$120.00

Non-Academy Member: \$200.00

Half day Admission \$80.00 (does not include lunch, includes 2 afternoon sessions)

Walk-in (day of event) \$225 for all